

## Action Composite Pose Planner

**Please complete order form before appointment time.**  
**One order form per individual or group.**

In order to make these action composites look their very best, we will need some pre-planning on your part. First, decide on a three pose or a four pose action composite portrait. Then you will need to decide on the action poses for the action composite. The still poses available are any hand techniques and stances. Choose the kicks that you are most comfortable with. You can use any combination you would like. Finally, fill out the table below and practice on your action poses.....

	Description of Action Pose (i.e. snap kick)	Action (Please circle one)		
1		Hand Tech.	Stance	Kick
2		Hand Tech.	Stance	Kick
3		Hand Tech.	Stance	Kick
4		Hand Tech.	Stance	Kick

**Practice.....**

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